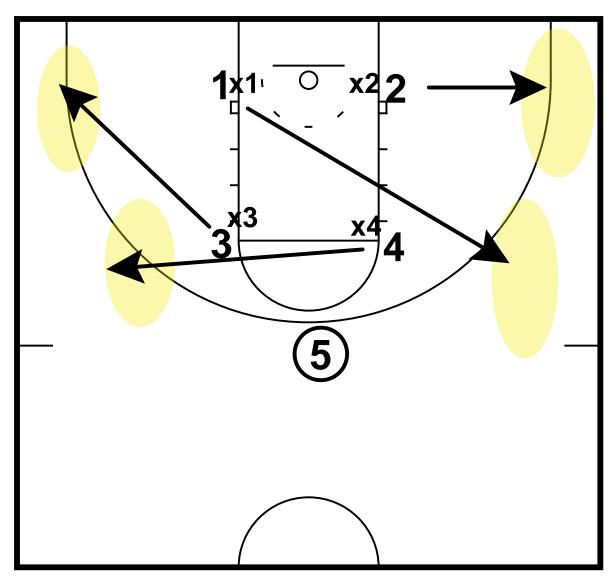
Box to 4 Out

Box to 4 Out Canadian Drills



Once players relocate on to the perimeter the 5th player can dribble at one of the wings and they can read either backdoor or dribble handoff